# VIVOOD 5E SPA

 $VIVOOD\ 5E\ Spa\ was\ created\ by\ following\ the\ precepts\ of\ the\ Ayurveda\ Philosophy\ and\ its\ five\ elements$  - earth, water, air, fire\ and\ ether\ . Feel\ the\ true\ power\ that\ comes\ from\ synchronising\ your\ wellbeing\ with\ your\ lifestyle.

## **SPA RITUALS**

THE 5 ELEMENTS RITUAL	. ( ) 2 haprox.   96€   ×
A therapeutic spa circuit that travels through the sauna, hammam, bithermal tunnel, float tank and heated pool. 'Guided by our therapeutic specialist	
RITUALS IN COUPLE	
FIRE	. (\( \) 1 h 40 min.   280€   \( \) \( \)
Aromatherapy bath, body and facial exfoliation and a relaxing massage.	
EARTH	
Aromatherapy bath, a body wrap with mud from the Dead Sea, a facial mask and a relaxing body and facial massag	ge.
WATER	. ( 1 h 40 min.   280€   AA
Aromatherapy bath, a seaweed body wrap, facial mask and a relaxing body and facial massage inspired by Lomi-Lomi massage techniques.	
AIR	
Aromatherapy bath and a facial treatment with techniques such as jade rollers and Hoxa stone. Ideal for toning and	d moisturising the skin.
ETHER	. ( 2 h 10 min.   340€   ผผ
The conjunction of the five elements. The most complete ritual to be enjoyed in company.	
SPA NIGHT EXPERIENCE	. ( } 2 h aprox.   480€   AA
5 Elements Ritual in total privacy and exclusivity. Performed in a romantic setting, illuminated with candles and unc 'The service runs from 21:30h to 23:30h. It includes a light dinner designed exclusively for this experience and a bottle of wine or ca	der the stars.
TREATMENTS	
BODY	
Relax VIVOOD Massage  A holistic massage with essential and vegetable oils that provide a sense of calm and deep relaxation.	ⓑ 50 min.   96€   A
Localised leg or back massage	© 20 min. I 56€ I A
Valley Essences	╚ 80 min. I 160€ I A
Relaxing full body and facial massage. The best kept secret ritual from the Guadalest Valley to achieve deep relax	
Mediterranean	७ 105 min.   220€   A
Immerse yourself in the Mediterranean Sea with a sea salt and mud exfoliation ritual to help hydrate your skin. Includes fu	ll body and facial massage.
FACE	
Personal	७ 50 min. I 90€ I A
Care for your face with a tailored examination of your skin and a facial treatment suited to your needs.	
Sublime  Care for your skin with a complete facial ritual using oriental techniques such as Kobido massage and jade rolling.	
Care for your skin with a complete facial ritual using oriental techniques such as Kopigo massage and lade rolling.	

## VIVOOD 5E SPA

### **EXCLUSIVE WINTER TREATMENTS**

We want you to look after yourself, we want to look after you.

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Couples massage QQ

Indulge in a private aromatherapy bath, followed by a cocoa exfoliation, and a sweet chocolate wrap.

The ritual includes a relaxing body massage and a gentle facial massage.

#### LAVENDER COUPLES RITUAL ...... ♦ 1h 40 min. | 280€

Immerse yourself in a revitalising private aromatherapy bath, followed by a body scrub and relaxing massage with lavender essential oils.

Couples massage 22

Revitalise your skin with a moisturising body wrap followed by a cranio-facial massage.

Couples massage QQ

Complete the experience with a gentle candlelight body massage.

Pamper your skin and protect it from external aggressions with a facial cleansing and anti-ageing treatment.

This treatment improves the appearance of your complexion, providing hydration, luminosity and vitality to your face.

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