

# VIVOOD 5E SPA

VIVOOD 5E Spa was created by following the precepts of the Ayurveda Philosophy and its five elements – earth, water, air, fire and ether. Feel the true power that comes from synchronising your wellbeing with your lifestyle.

## SPA RITUALS

**THE 5 ELEMENTS RITUAL** ..... ⌚ 2 h aprox. | 96€ | 2P

A therapeutic spa circuit that travels through the sauna, hammam, bithermal tunnel, float tank and heated pool.

\*Guided by our therapeutic specialist

### RITUALS IN COUPLE

**Fire** ..... ⌚ 1 h 40 min. | 320€ | 2P

Aromatherapy private bath, body and facial exfoliation and a relaxing massage.

**Earth** ..... ⌚ 1 h 40 min. | 320€ | 2P

Aromatherapy private bath, a body wrap with mud from the Dead Sea, a facial mask and a relaxing body and facial massage.

**Water** ..... ⌚ 1 h 40 min. | 320€ | 2P

Aromatherapy private bath, a seaweed body wrap, facial mask and a relaxing body and facial massage inspired by Lomi-Lomi massage techniques.

**Air** ..... ⌚ 1 h 40 min. | 320€ | 2P

Aromatherapy private bath and a facial treatment with techniques such as jade rollers and Guasha stone.

Ideal for toning and moisturising the skin.

**Ether** ..... ⌚ 2 h 10 min. | 380€ | 2P

The conjunction of the five elements. The most complete ritual to be enjoyed in company.

**SPA NIGHT EXPERIENCE** ..... ⌚ 2 h aprox. | 520€ | 2P

5 Elements Ritual in total privacy and exclusivity. Performed in a romantic setting, illuminated with candles and under the stars.

\*The service runs from 21:30h to 23:30h. It includes a light dinner designed exclusively for this experience and a bottle of wine or cava.

## TREATMENTS

### BODY

**Relax VIVOOD Massage** ..... ⌚ 50 min. | 100€ | 1P

A holistic massage with essential and vegetable oils that provide a sense of calm and deep relaxation.

**Localised leg or back massage** ..... ⌚ 20 min. | 64€ | 1P

**Valley Essences** ..... ⌚ 80 min. | 160€ | 1P

Relaxing full body and facial massage. The best kept secret ritual from the Guadalest Valley to achieve deep relaxation.

**Mediterranean** ..... ⌚ 100 min. | 210€ | 1P

Immerse yourself in the Mediterranean Sea with a sea salt and mud exfoliation ritual to help hydrate your skin. Includes full body and facial massage.

### FACIAL BEAUTY

**Personal** ..... ⌚ 50 min. | 90€ | 1P

Care for your face with a tailored examination of your skin and a facial treatment suited to your needs.

**Sublime** ..... ⌚ 80 min. | 160€ | 1P

Care for your skin with a complete facial ritual using oriental techniques such as Kobido massage and jade rolling.

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## EXCLUSIVE WINTER TREATMENTS

We want you to look after yourself,  
we want to look after you.

### CHOCOLATE RITUAL ..... 🕒 2h 10 min. | 340€

Indulge in a private aromatherapy bath, followed by a cocoa exfoliation, and a sweet chocolate wrap.

The ritual includes a relaxing body massage and a gentle facial massage.

Couples massage  
👫

### LAVENDER COUPLES RITUAL ..... 🕒 1h 40 min. | 280€

Immerse yourself in a revitalising private aromatherapy bath, followed by a body scrub and relaxing massage with lavender essential oils.

Couples massage  
👫

### CANDLE RITUAL ..... 🕒 1h 10 min. | 240€

Revitalise your skin with a moisturising body wrap followed by a cranio-facial massage.

Complete the experience with a gentle candlelight body massage.

Couples massage  
👫

### FACIAL RIDES ..... 🕒 50 min. | 90€

Pamper your skin and protect it from external aggressions with a facial cleansing and anti-ageing treatment.

This treatment improves the appearance of your complexion, providing hydration, luminosity and vitality to your face.

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