# VIVOOD 5E SPA

 $VIVOOD\ 5E\ Spa\ was\ created\ by\ following\ the\ precepts\ of\ the\ Ayurveda\ Philosophy\ and\ its\ five\ elements$  - earth, water, air, fire\ and\ ether\ . Feel\ the\ true\ power\ that\ comes\ from\ synchronising\ your\ wellbeing\ with\ your\ lifestyle.

### **SPA RITUALS**

| THE 5 ELEMENTS RITUAL   | 2 h aprox.   96€   A       |
|---|----------------------------|
| A therapeutic spa circuit that travels through the sauna, hammam, bithermal tunnel, float tank and heated pool. 'Guided by our therapeutic specialist.  |                            |
| RITUALS IN COUPLE   |                            |
| Fire  | © 1 h 40 min.   320€   AA  |
| Aromatherapy private bath, body and facial exfoliation and a relaxing massage.  |                            |
| Earth   | () 1 h 40 min.   320€   AA |
| Aromatherapy private bath, a body wrap with mud from the Dead Sea, a facial mask and a relaxing body and facial massage.  |                            |
| Water   | ( 1 h 40 min.   320€   AA  |
| Aromatherapy private bath, a seaweed body wrap, facial mask and a relaxing body and facial massage inspired by Lomi-Lomi massage techniques.  |                            |
| Air   | () 1 h 40 min.   320€   AA |
| Aromatherapy private bath combined with a relaxing full-body massage using refreshing oils, along with an oxygenating facial treatment. 'Suitable for pregnant women.   |                            |
| Ether   | ( 2 h 10 min.   380€   AA  |
| The conjunction of the five elements. The most complete ritual to be enjoyed in company.  |                            |
| SPA NIGHT EXPERIENCE  | - '                        |
| 5 Elements Ritual in total privacy and exclusivity. Performed in a romantic setting, illuminated with candles and und 'The service runs from 21:30h to 23:30h. It includes a light dinner designed exclusively for this experience and a bottle of wine or ca | ler the stars.<br>va.      |
|   |                            |
| TREATMENTS  |                            |
| BODY  |                            |
| Relax VIVOOD Massage  | ७ 50 min.  100€   Զ        |
| A holistic massage with essential and vegetable oils that provide a sense of calm and deep relaxation.  |                            |
| Localised leg or back massage   | ( 20 min.   64€   A        |
| Valley Essences   | 🕓 80 min.   160€   A       |
| Relaxing full body and facial massage. The best kept secret ritual from the Guadalest Valley to achieve deep relaxa   | ation.                     |
| Mediterranean   | ( 100 min   210€   8       |
| Immerse yourself in the Mediterranean Sea with a sea salt and mud exfoliation ritual to help hydrate your skin. Includes ful  |                            |
| FACIAL BEAUTY   |                            |
| Personal  | ७ 50 min.   90€   A        |
| Care for your face with a tailored examination of your skin and a facial treatment suited to your needs.  |                            |
| Sublime   | 🕒 80 min. 🛮 160€ 🖟 🛭       |
| Care for your skin with a complete facial ritual using oriental techniques such as Kobido massage and jade rolling.   |                            |

## VIVOOD 5E SPA

### **EXCLUSIVE WINTER TREATMENTS**

We want you to look after yourself, we want to look after you.

#### 

Couples massage QQ

Indulge in a private aromatherapy bath, followed by a cocoa exfoliation, and a sweet chocolate wrap.

The ritual includes a relaxing body massage and a gentle facial massage.

#### LAVENDER COUPLES RITUAL ...... ♦ 1h 40 min. | 280€

Couples massage

22

Immerse yourself in a revitalising private aromatherapy bath, followed by a body scrub and relaxing massage with lavender essential oils.

Couples massage QQ

Revitalise your skin with a moisturising body wrap followed by a cranio-facial massage.

Complete the experience with a gentle candlelight body massage.

Pamper your skin and protect it from external aggressions with a facial cleansing and anti-ageing treatment.

This treatment improves the appearance of your complexion, providing hydration, luminosity and vitality to your face.

2